



The **Psychosoziale Zentrum für Migrant*innen (PSZ)** offers **psychological counseling and therapy** as well as accompanying **social counseling** for refugees aged 5 and over in Halle (Saale), Magdeburg and Stendal.

Our services are **free of charge** for clients.

If required, we work with **translators**.

All conversations are treated as strictly **confidential**.

We offer the following:

- Therapy
 - o Individual psychological conversations
 - o Clinical psychological diagnostics as part of therapy
- Accompanying social counseling
 - o Contact and referral to health and educational institutions and authorities
 - o Advice on social, cultural and professional topics
- Support with questions relating to asylum law
- Psychosocial group offers
- Discussions with relatives if required

What we do **not** offer:

Emergency mental health care: If you are in an acute crisis, please contact the nearest psychiatric clinic or call the **emergency number 112**.

Prescriptions and medication: If you need medication, please consult your family doctor or a psychiatric specialist.

How does registration work?

You can come in person during registration times or you must fill out, sign and submit the following documents yourself:

- Registration form
- Declaration of consent
- Copy of your residence status

You can find these on our website: www.psz-sachsen-anhalt.de.

Please send all documents to us by post or email.

We will then get in touch with you.

Incomplete registrations will **not** be processed.